

When you ...	Visual	Auditory	Kinaesthetic/Tactile
Spell	Do you try to see the word?	Do you sound out the word?	Do you write the word down to see if it feels right?
Talk	Do you do so only a little or dislike listening for too long? Do you use <i>see, picture</i> and <i>imagine</i> a lot?	Do you like listening but dislike talking much? Do you use <i>hear</i>	